

RIVERS TRIBE CORP (DBA: WILD & PRECIOUS OPTIMAL LIVING) INFORMED CONSENT:

This document serves to inform you about potential risks that can be associated with care in our office. Please read and ask questions as needed. Dr. Sam McDonald and Dr. Lynn Tran are licensed as Chiropractors in the state of Colorado. Both doctors consistently enhance their skills of Functional Neurology and Chiropractic techniques through continuing education. Dr. Sam McDonald is certified as Level 1 American Functional Neurology Institute. Dr. Lynn Tran is Webster certified through International Chiropractic Pediatric Association. Both doctors are adjunct faculty members of Metropolitan State University of Denver in the Integrated Health Department, and they regularly give lectures in the community about brain-based wellness. Drs. Sam & Lynn are experts and part of a network of practitioners leading in the use of photobiomodulation (the use of laser and light therapy to improve one's health.) That being said, please read each statement accordingly:

Wild & Precious Optimal Living will not claim to treat or cure any medical conditions, but rather will attempt to restore balance and function to your health and wellness. This process may include: Examinations, Chiropractic adjustments, functional neurology, assessments and therapies, physical therapy exercises, muscle work, supplemental recommendations, and diet alteration.

If any dietary or supplemental recommendations are made by Dr. Sam McDonald or Dr. Lynn Tran McDonald, we do recommend that you bring these recommendations to your medical providers before beginning. Any recommendations made are not intended to diagnose, treat, cure or manage any medical condition.

Chiropractic and Functional Neurology comprise various methods of establishing balance within one's body. The methods that Drs. Sam & Lynn at Wild & Precious Optimal Living use should not replace that of traditional medical approaches, and it is always advised that anyone under our care should follow up with their medical providers to discuss any care recommendations. At times, an adjustment/manipulation/fast stretch may be performed to help improve your function and eliminate the effects of vertebral subluxation.

Risks associated with this type of care can include but is not limited to: sprain/strain injury, fracture, headache, or dizziness. There are very rare occurrences when stroke has been linked to an adjustment - many studies have been performed on this topic, some try to demonstrate a very weak association, but most studies show that chiropractic adjustments are not directly linked to this type of injury. The gentle and specific methods that Drs. Sam & Lynn utilizes minimize all the above mentioned risks. Historically Chiropractic is a very safe and effective means to achieve a more optimal state of health and wellness. In this practice Drs. Sam & Lynn will need to perform an exam prior to commenting on the state of your health and prior to making any recommendations.

Drs. Sam McDonald & Dr. Lynn Tran McDonald may use various types of photobiomodulation during your appointments. This will involve the use of a laser / light. Laser therapy has been heavily researched and proven safe and effective for many different conditions over the past several decades. We do not claim to treat, cure, manage, or diagnose any medical condition with photobiomodulation. We are simply improving the overall function of your body via the various proven effects of the laser / light therapy.

Dr. Sam McDonald, Dr. Lynn Tran McDonald, employees and contractors of Wild & Precious Optimal Living acknowledges the scope of Chiropractic in the state of Colorado is limited and we will stay within this scope of practice. All therapies and procedures performed will be geared toward the following goals: to reduce the effects of the vertebral subluxation complex via various reflexogenic systems, to establish balance within your body, and to improve your overall health and wellness.

If you have any concerns or reservations prior to care with Drs. Sam & Lynn, please do not hesitate to ask. If you ever experience something that causes any concern please discuss the matter with us immediately.

By signing below you acknowledge that you have fully read or have had the chance to read all information contained within this document and have had an opportunity to ask any about any questions or concerns and are in agreement with these terms and information.

Patient Signature: _____

Date: _____

Minor: Parent Signature: _____

Date: _____

RIVERS TRIBE CORP (DBA: WILD & PRECIOUS OPTIMAL LIVING) MEDIA RELEASE:

I authorize Wild & Precious Optimal Living use various photos and videos as deemed necessary for education and academic purposes. Mediums that these photos and videos may be used on include but may not be limited to: lectures and social media (Wild & Precious Optimal Living Facebook page & @wildpreciousoptimalliving Instagram page). Due to the nature of what we do in the office, it is important that people see and understand this new form of healthcare. Our goal with any information shared is to further the understanding of functional neurology, laser therapy, chiropractic, and other modalities or methods utilized. All photos and videos will be tactful.

By signing below you agree that you have read and agree to the terms stated within this document.

Patient Signature: _____

Date: _____

If patient is a minor,

Parent Signature: _____

Date: _____